



# THE SUBJECT TONIGHT IS LOVE

HAFIZ

The subject tonight is Love  
And for tomorrow night as well,  
As a matter of fact  
I know of no better topic  
For us to discuss  
Until we all  
Die!



# CONSCIOUS LOVE

AN EXPLORATION *of* IDEAS



## THE GREATEST COMMANDMENT

Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'Love your neighbor as yourself.' No other commandment is greater than these.

*~ Gospel of Mark, 12:30*

It would be very silly for God to demand from man what he cannot give.

*~ G.I. Gurdjieff, Views from the Real World*



## Four stages of Consciousness...

CONSCIOUS

Sleep

Waking Sleep

Self Remembering

Objective Consciousness



A certainty, given by life



Our possible evolution

“We bless these tithes and offerings  
to the victory of consciously chosen love....”



THE UNIVERSE  
IS SPEAKING  
TO US





## CONSCIOUSNESS AND LOVE

Not surprisingly, just as we attribute to ourselves that we have a real I, free will, and the capacity to do, we also believe that we can love. But how can a sleeping person love? Isn't the 'love' we experience a 'sleep love' a personal love? When Hindus meet they say *Shanti* or *Namaste*, which means, "I honor the light within you." Not you as a person but the light, the truth, the being that is manifested. True love, spiritual love, is impersonal.

~ *The Gurdjieff Journal*, #15



LOVE

## Three types of love...

### In the Gospels

- Eros
- Philia
- Agape

### In the Work

- Instinctual
- Emotional
- Conscious

“...to the victory of consciously chosen love...”



## THE DILEMMA

“Christ says: ‘Love your enemies,’ but how can we love our enemies when we cannot even love our friends?”

~ *P.D. Ouspensky, In Search of the Miraculous*



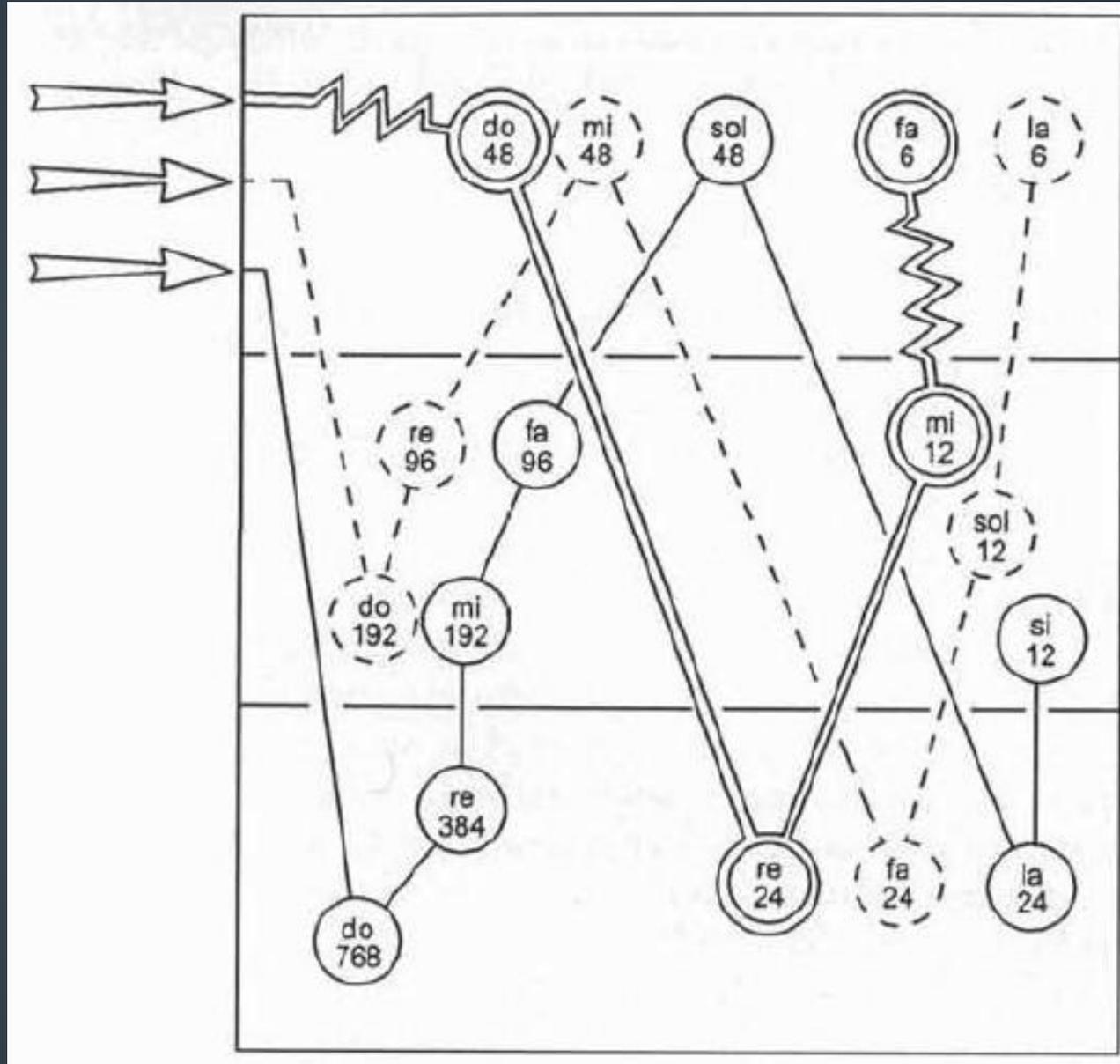
WISDOM  
FROM  
SNOWMASS

“Michael, you don’t have to love what she’s doing,  
buy you have to love *her*.”

~ Pat Johnson



# DIGESTION & THE FIRST CONSCIOUS SHOCK





"I can heartily recommend this book as a great way to accelerate your transformation." M.A. Best

# Work Diagrams FOR DUMMIES<sup>®</sup>

Covers the Ray of  
Creation, Laws of 3 & 7,  
the Enneagram,  
and more!

*A Reference  
for the  
Rest of Us!*

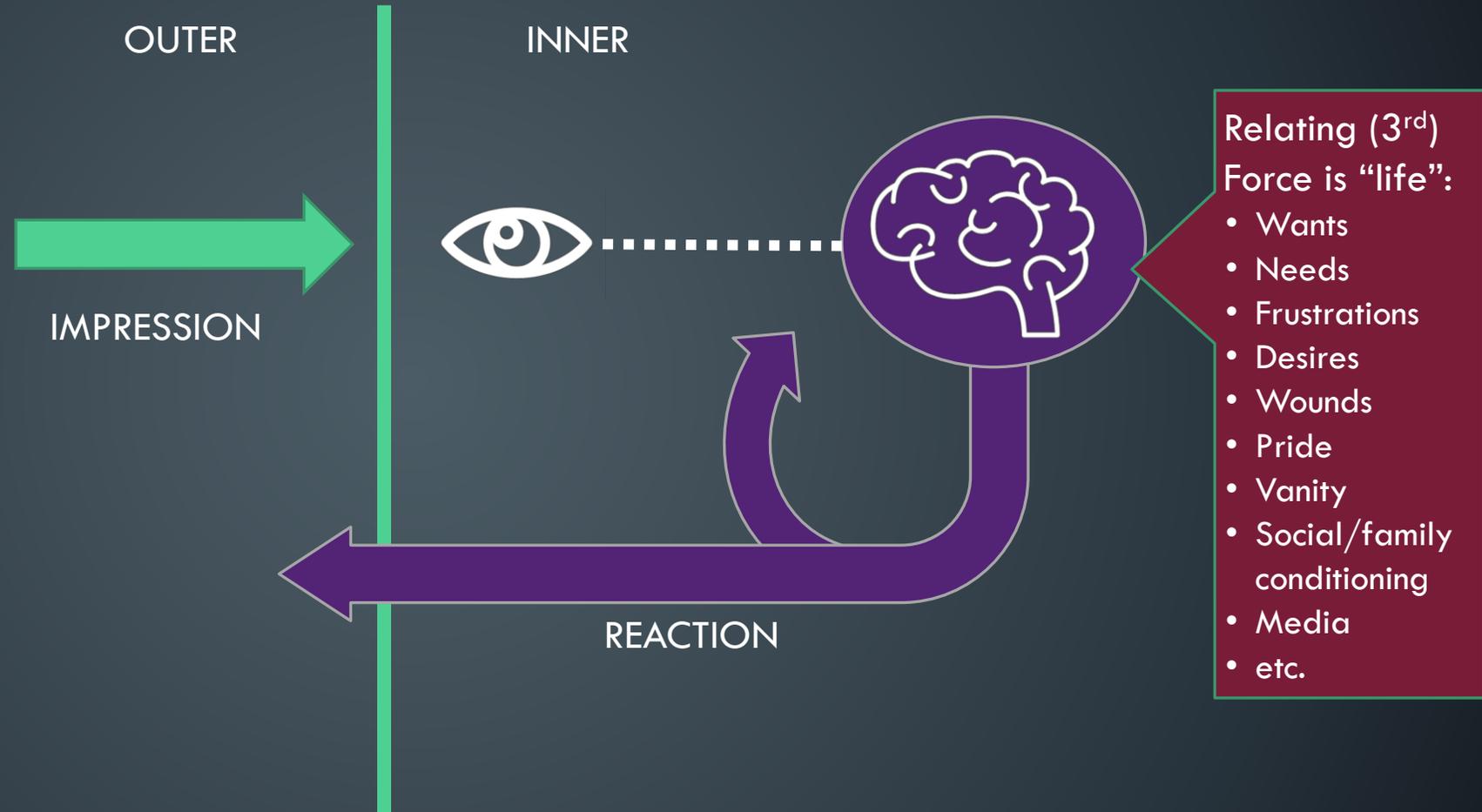


COMING  
SOON...



# Life as Third Force

THE FIRST  
CONSCIOUS  
SHOCK

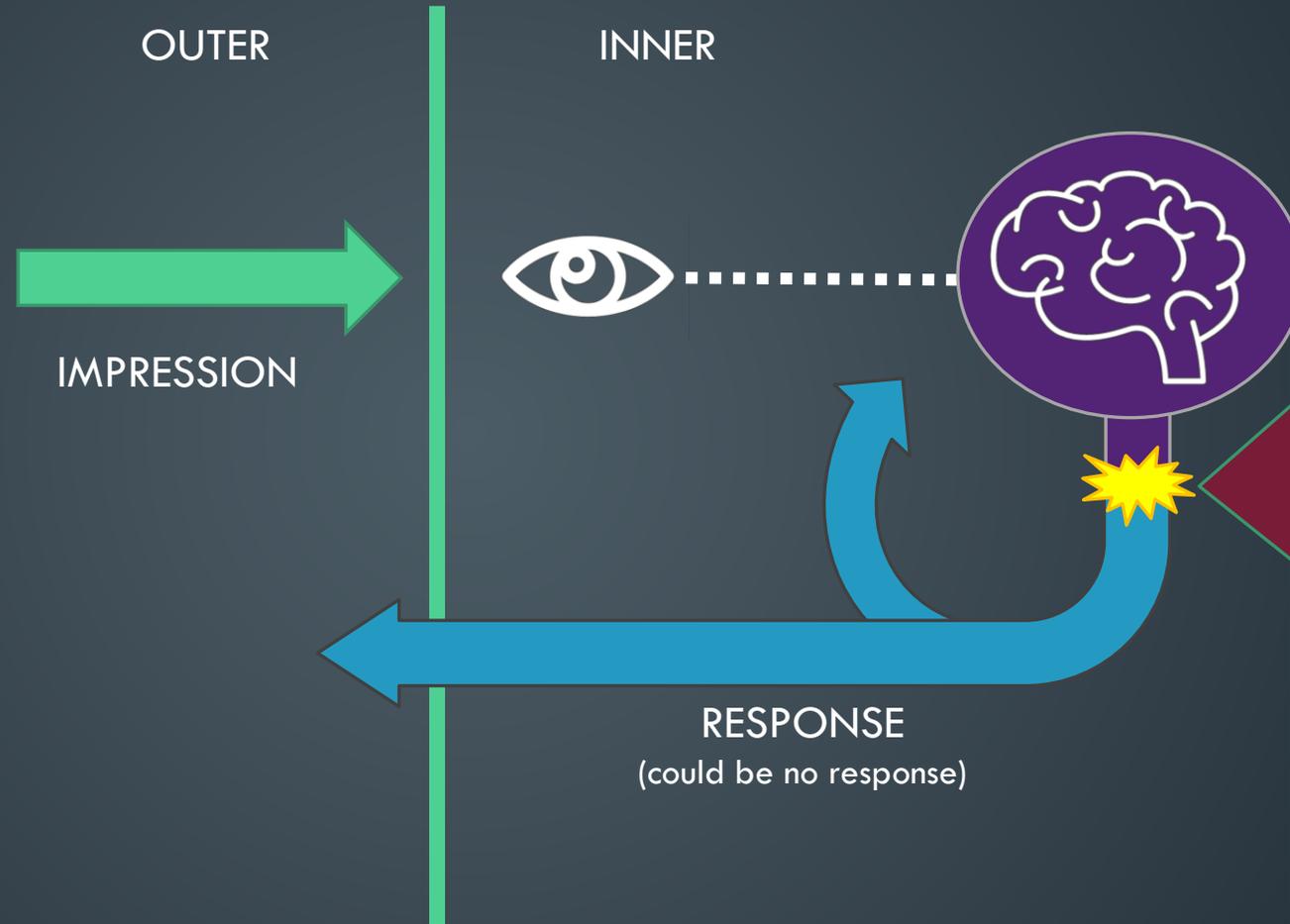


*"Unless you become as little children..."*



# The Work as Third Force

THE FIRST  
CONSCIOUS  
SHOCK



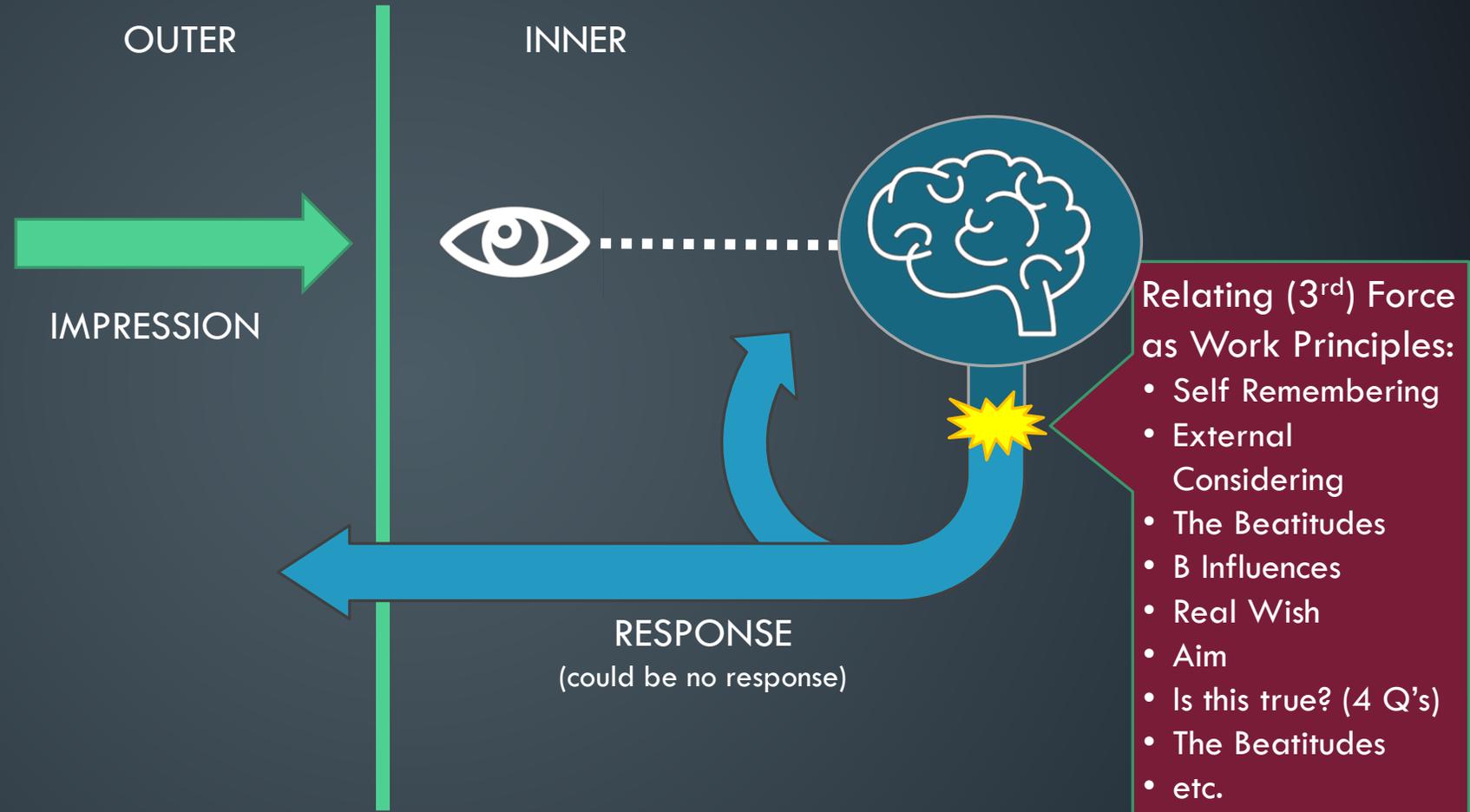
Relating (3<sup>rd</sup>) Force  
as Work Principles:

- Self Remembering
- External Considering
- The Beatitudes
- B Influences
- Real Wish
- Aim
- Is this true? (4 Q's)
- The Beatitudes
- etc.



# The Work as Third Force

THE FIRST  
CONSCIOUS  
SHOCK



What does this have to do with Conscious Love?



## Scale and Influences

“All love comes from something higher than oneself or the world.”

~ A.R. Orage, *On Love*

“We can only strive to be able to be Christians.”

~ G.I. Gurdjieff

“Conscious love clearly requires consciousness, and we have all listened to some of the means of attaining it.”

~ M. Nicoll

WISDOM



From the linear to the nonlinear

WISDOM

“Forgive...because you can.”

~ *Barbara Cook*

# SUMMARY





# EXERCISE: CONSCIOUS LOVE

- For work on the side of knowledge with external considering, read the series of commentaries on the topic in Volume 1, pp. 253 – 302.
- Practice conscious love with one or more of the suggestions provided in the email:
  - Self-remembering
  - Working against [the expression of] negative emotions
  - Externally consider [always]
  - Practice forgiveness, letting go of accounts & resentments
  - Self-emptying through Centering Prayer
  - Make Real Aim in service to Conscious Love, e.g., Choose love and peace above all options. Commit to the goal of unconditional love for all of life, in all its expressions, and surrender all judgement to God.