**Two-Day Commuter Centering Prayer Retreats held at The Church of Conscious Harmony**

**Mar 10-11** Sun. 8:00am- 4:00pm\*

Mon. 8:30am-4:00pm

**May 17-18** Fri. 8:30am-4:00pm

Sat. 8:30am-4:00pm

**Aug 10-11** Sat. 8:30am-4:00pm

Sun. 8:00am-4:00pm

Cost: Two-day commuter retreat $100

(sleep at home; lunches included)

\* Can be combined with the Saturday 1-day retreat for a 3-day retreat experience.

**Multi-day Retreats are held at Cedarbrake Retreat and Renewal Center on Hwy 317 Belton, TX**

**January 18-22 $495**

5-day Centering Prayer Retreat to renew your relationship with God

**Mar 29-Apr 7 $895**

10-day Centering Prayer Retreat during the Lenten season

**July 26-31**  **$595**6-day Centering Prayer Retreat

**Sept 13-18 $595**

6-day Centering Prayer Retreat

**Dec 6-12 $695**

7-day Centering Prayer Retreat during the Advent season

(double room prices, single room additional $10/night).

# **Multi-day retreat deposit, room, registration & cancellation policy**

A deposit is needed to reserve a space for any multi-day retreat. Payment in full is required 30 days prior to the retreat. Cancellations within 30 days of the retreat will incur a $25 administrative charge. Two weeks prior to the retreat, directions and other information will be emailed to you.

Two retreatants will share a room with private bath. Single rooms, if any are left, will be made available at extra cost of $10/night to advanced & post-intensive retreatants on a first-to register basis.

**To register for any event, contact CCH at 512-347-9673**. For more information, see our website at **www.consciousharmony.org**

## There are ongoing weekly Centering Prayer support opportunities open to all at The Church of Conscious Harmony throughout the year. They include:

* Mornings 7:00-7:35am Centering Prayer Service in Theosis Chapel
* Sunday, 8:00am Centering Prayer and Lectio Divina Service
* Wednesday, 6-7pm Centering Prayer and Eucharistic Service

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**The Church of Conscious Harmony**

**A Contemplative Christian Community**

7406 Newhall Lane Austin, TX 78746

512.347.9673

[www.consciousharmony.org](http://www.consciousharmony.org)

**2019**

**Centering Prayer  
Retreats & Introduction Classes**

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*...Call us, O Beloved,*

*to spaces of solitude, and times to befriend the Silence…*

Psalm 106



**Introduction to**

**Centering Prayer Classes**

The Church of Conscious Harmony offers 7-week classes in Centering Prayer, held at the church. Each class begins on a Saturday, from 9:00am-noon (doors open 30 minutes prior for refreshments and check-in), and has 6 follow-up meetings that begin at 7:30pm on a week night. The cost is $35 and includes your book. Pre-registration is needed.

**7-week Centering Prayer Classes**

**April 13th Saturday**

**& 6 consecutive Monday evenings at 7:30-9pm beginning 4/15 - 5/20**

**July 20th Saturday**

**& 6 consecutive Tuesday evenings at 7:30-9pm beginning 7/23 - 8/27**

**October 12th Saturday**

**& 6 consecutive Monday evenings at 7:30-9pm beginning 10/14 - 11/18**

*“Contemplative prayer is the world in which God can do anything. . .It is to be open to the Infinite, and hence, to infinite possibilities.”*

Open Mind Open Heart p. 13

**What is a Centering Prayer Retreat?**

A Centering Prayer retreat is a “time away” with God – an opportunity to deepen your prayer life, to deepen your relationship with God, and to experience community in a new way.

A Centering Prayer retreat offers time each day for…

* Resting with God in prayer
* Sharing in the experience of Contemplative Community
* Dropping into periods of silence & solitude
* Opening ever-more to God
* Learning the immediate conceptual background of the Christian Contemplative Journey as presented by Fr. Thomas Keating
* Experiencing the Word of God through the liturgy or Lectio Divina in community



**One-Day and Half-Day  
Retreats at CCH**

**Please pre-register for each retreat using the ‘Happenings’ page of the church website or contacting the office. Doors open 30 minutes prior for refreshments and check-in.**

**Jan 26 9:00am - 4:00pm**

**Feb 16 9:00am-4:00pm**

**Mar 9 9:00am-4:00pm\*\***

**Mar 16 United in Prayer Day\***

**Apr 20 9:00am - 12:30pm**

**June 15 9:00am - 4:00pm**

**July 13 1:00pm – 5:00pm**

**Sept 21 9:00am - 4:00pm**

**Oct 19 9:00am - 4:00pm\*\*\***

**Nov 16 9:00am - 4:00pm   
Dec 14 1:00pm – 5:00pm**

**Cost: Half-day ~ $10 love offering**

**One-day ~ $20 love offering**

**(Please bring your own lunch).**

\* March 16 is the Contemplative Outreach United in Prayer Day held at Austin Presbyterian Theological Seminary from 8:30am-3:00pm.

\*\* Can be combined with a 2-day retreat, for a 3-day retreat experience.

\*\*\*This is a special one-day workshop with Jim Reale who will introduce vestibules as preparation to Centering Prayer. The cost is $50.