



## Work Group Proposal Form

From the Bylaws, "The Church of Conscious Harmony exists for the sole purpose of facilitating the spiritual journey for people who want to make God-devotion the center of their lives". To this end, in addition to the regularly-scheduled core classes (e.g., Lessons in Truth, Simple Explanations of Work Ideas, new member classes, the Gospel & Work class, etc.), a new form of small group spiritual enrichment is encouraged. "Work groups," are small (generally 7-12 people), self-directed, semester oriented and focused on a particular topic or practice related to the two foundations of the Church: the Christian contemplative tradition and the Work of Inner Christianity.

The aim of work groups is to provide participants with transforming spiritual enrichment, inspiring love of God and love of neighbor.

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**Work Group Title:** Life Is Real Only Then, When 'I Am'

**Meeting day/time:** Thursday evenings, 5:30 to 7:00pm

**Duration:** January 18 – March 22, 2018

**Purpose or specific aim of Work Group:** To read and discuss "Life is real only then, when 'I am'" by G. I. Gurdjieff, in order to further understand principles of the Work. The purpose of the book in his own words: "My last book, through which I wish to share with other creatures of our Common Father similar to myself, almost all the previously unknown mysteries of the inner world of man which I have accidentally learned."

**Sources for content or practice:** "Life is real only then, when 'I am'" by G. I. Gurdjieff

**Outline and timeline for study and/or practice:**

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|-------------|--|
| January 18  | Introduction to the material; why this book was chosen                 |
| January 25  | Discussion of Prologue   |
| February 1  | Discussion of Introduction   |
| February 8  | Discussion of First Talk   |
| February 15 | Discussion of Second Talk  |
| February 22 | Discussion of Third Talk   |
| March 1     | Discussion of Fourth Talk  |
| March 8     | Discussion of Fifth Talk   |
| March 15    | Discussion of The Outer and Inner World of Man                         |
| March 22    | Discussion of book as a whole and its application to our further study |

**Prerequisites for participants:** Recommended: some reading of Gurdjieff and his students and experience in practice of The Work and Centering Prayer.

**Facilitator's Name:** Patsy Fordyce

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**Additional comments or considerations:** We will begin every class with a brief Centering Prayer.