



One-Half Day Paschal Vigil Retreat
April 11, 2020

*Though he was in the form of God,
Jesus did not consider equality with God
something to be grasped.*
Philippians 2:6

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- 9:00 – 10:30 Welcome, introduction,
Two periods of Centering Prayer
*(Two periods – 30 mins. each, with meditative walk
in between them)*
- 10:30 – 11:00 Break, Prayerful Movement, Silence & solitude
- 11:00 – Noon One period of Centering Prayer
(One period - 30 mins.)
Lectio Divina,
Closing

